

Welcome to Our Season of Faith. Welcome to IMAGINE.

Let's color!

The simple act of coloring a picture can be a beneficial form of meditation. A favorite childhood pleasure, coloring is a relaxing exercise that can center the mind, body and spirit in a place of peace far from stress and anxiety. It's a simple tool that doesn't require any expertise, but it can be deeply soothing and nourishing. And that's the place where we want to go for regular, periodic intervals during the next three weeks.

The **IMAGINE** coloring book is organized around three weekly **Imaginings** – three things to wonder about while you're coloring. Just find a quiet, comfortable place where you can work peacefully with no distractions. And start. The two drawings to color each week should provide ample quality time to wonder.

When coloring, try not to think about your choice of colors. Allow your spirit to guide your choices. Let one color decide the next. As your colorful meditations evolve, reflections about the Imaginings will come to mind. Either when they appear or later when your coloring has concluded, note those thoughts on the **Reflections** page.

Each Sunday, clip your two completed drawings from the book and bring them to the **Our Season of Faith Gallery of Art** in the Fellowship Hall. A curator will gather them for display. And bring your notes each Sunday to the special guided meditative summaries, called **Imagine Sundays**, following worship.

Meditation Periods

September 15-21 – Imagining One
September 22 – Imagine Sunday One

September 22-28 – Imagining Two
September 29 – Imagine Sunday Two

September 29 – October 5 -- Imagining Three
October 6 – Imagine Sunday Three

IMAGINE

**a world made whole with loving-kindness,
righteousness and peace.**

Imagine being able to see God in every person you meet.

Imagine knowing God as love – a single divine wind
that blows through every living thing.

Imagine a world in which all people have everything they need.

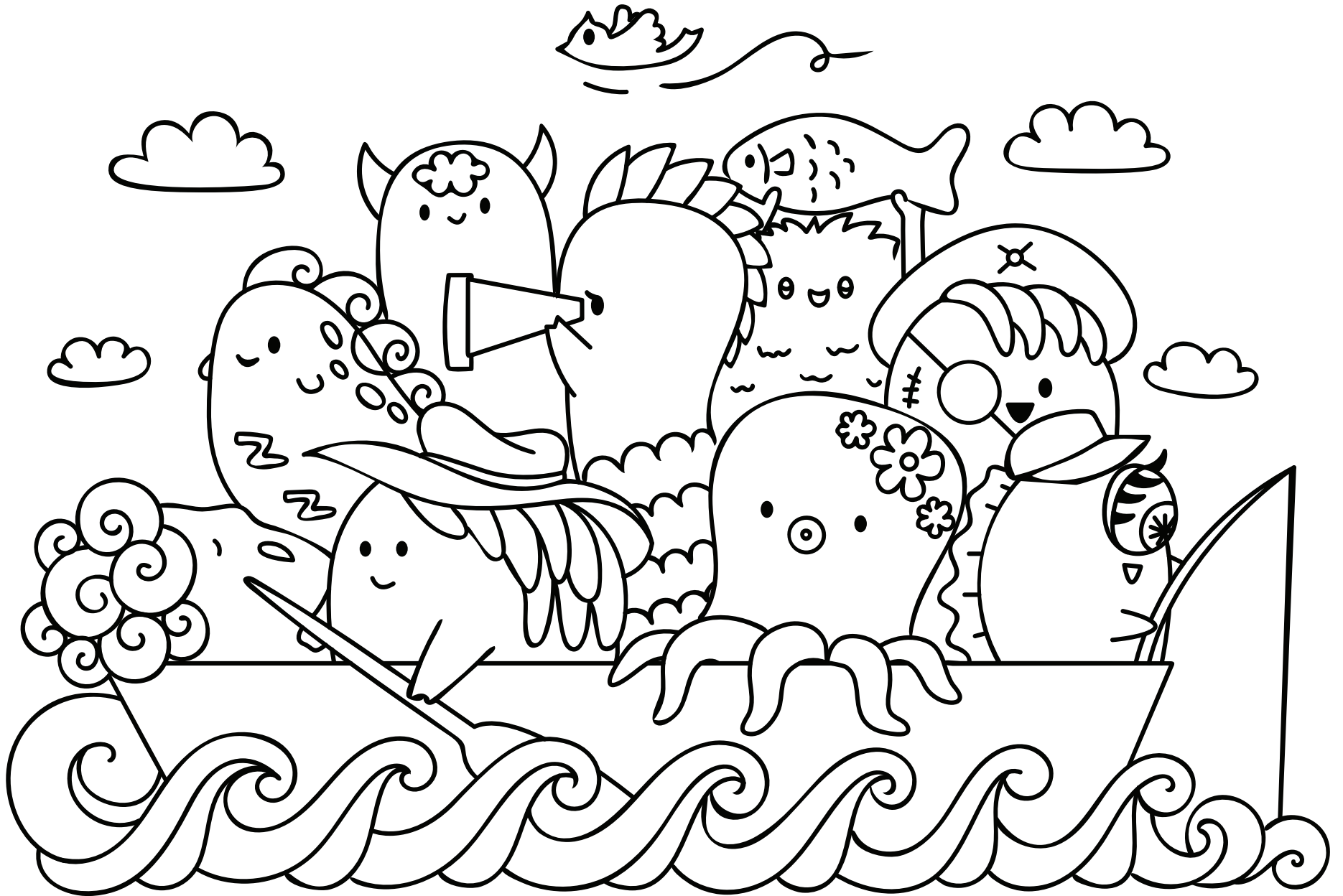
Imagine an end to hate and violence in this world and the next.

Imagine a world with no buying – only giving.

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Reflections

IMAGINE

**a church fashioned for
“a new heaven and a new earth.”**

Imagine a church without walls.

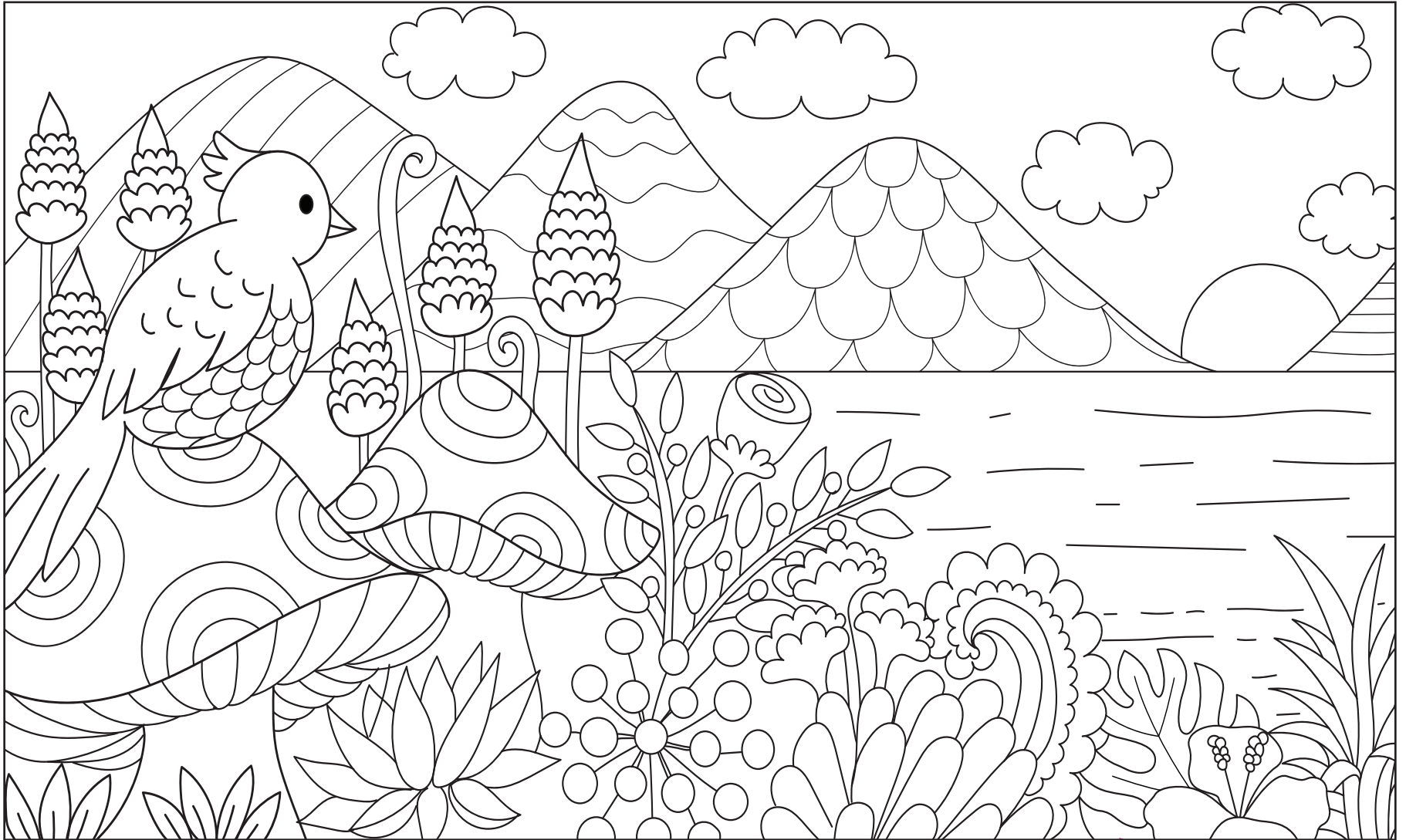
Imagine dismantling the current order of things.

Imagine church as open and welcoming as the feeding of the 5,000.

Imagine people using their best talents to only serve the greater good
and never caring about getting credit or earning points for heaven.

Imagine what it would look like for the first to be last and the last to be first.

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Reflections

Reflections

IMAGINE

God being as close to us as a heartbeat.

Imagine searching for the Creator in the depths of your soul
as well as in the heights of religion.

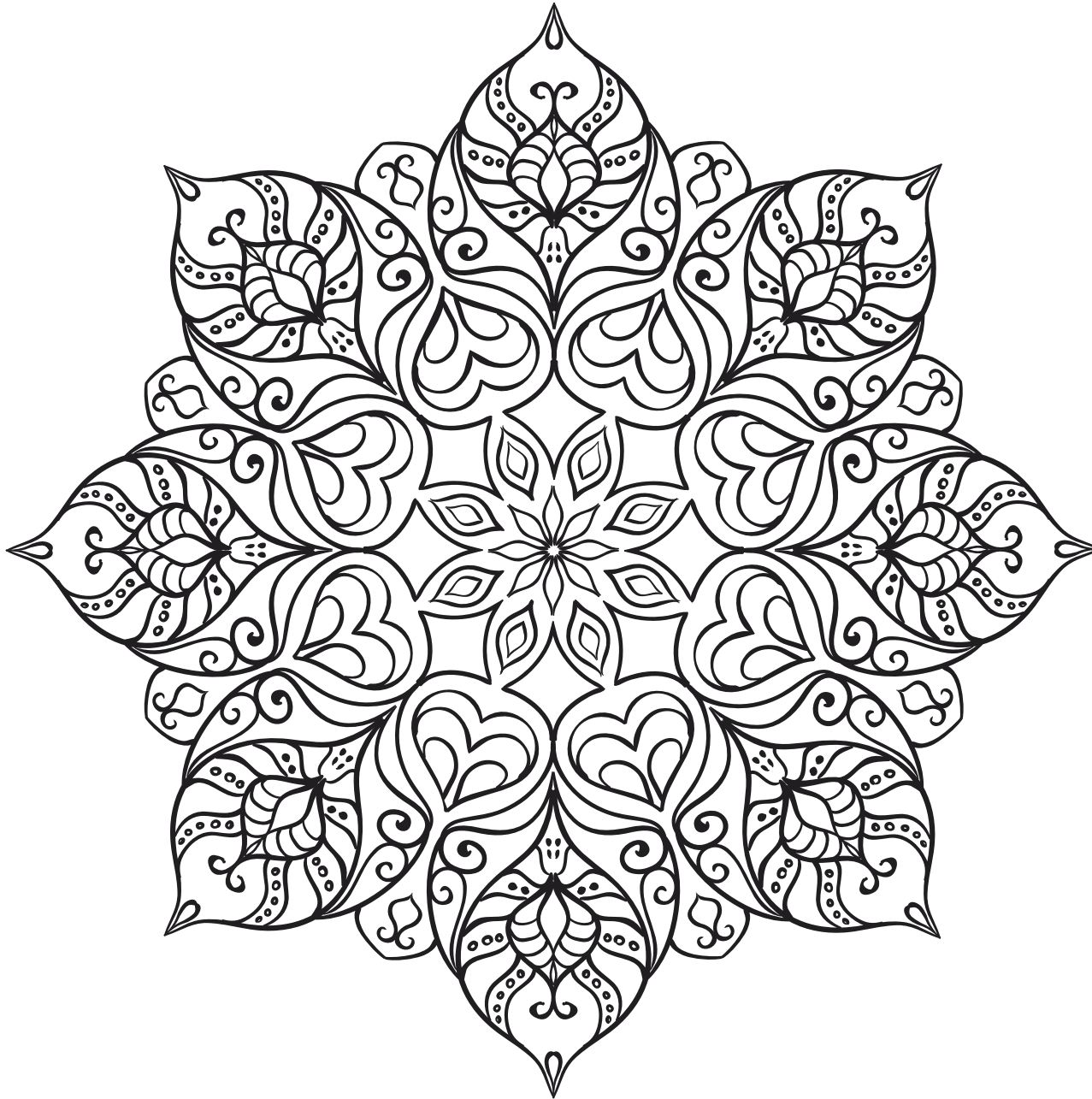
Imagine who you are and why you are here.

Imagine how/where Christ is hidden in your life.

Imagine a new holiness that means living
unreservedly in the entirety of life.

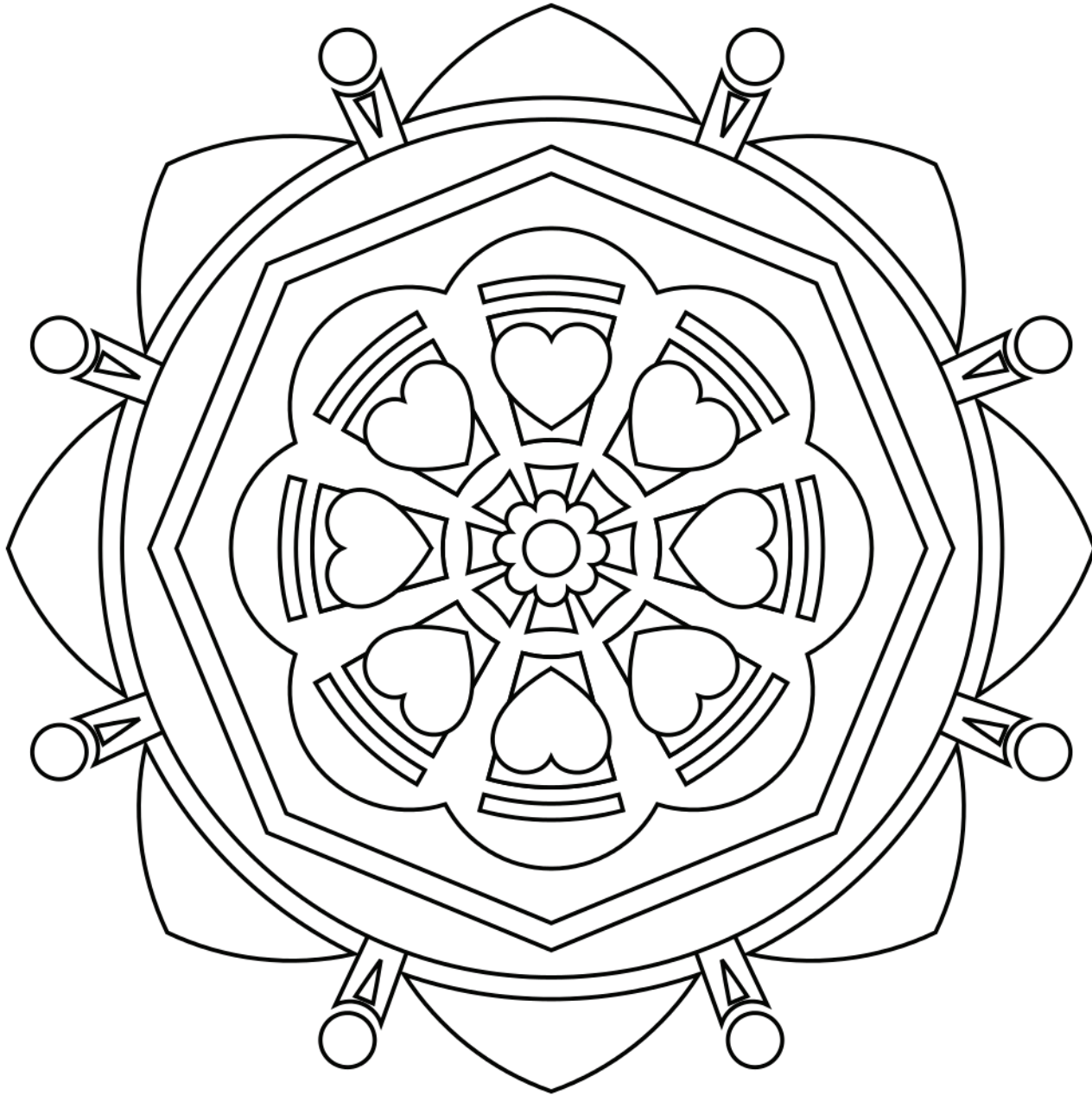
Imagine a relationship with I Am that welcomes its power
to wake us up in areas of life where we are asleep.

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The third Imagining, which focuses on the heart, features images called mandalas – sacred circles that have long been used to facilitate meditation.

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Reflections

